

Connecting the dots of opiate abuse

Physical signs:

- Flu-like symptoms including cramping, vomiting, diarrhea
 - Itchy skin, picking at skin
 - Flushed skin
 - Sweating
 - Watery eyes
 - Runny nose
 - Dark circles under eyes
 - Weight loss
 - Slurred speech
 - Drowsiness/nodding off

Changes in Behavior:

- Loss of interest in appearance and hygiene
 - Secretive texts & phone calls
 - Mood swings – highs and lows
 - Talking loudly
 - Angry outbursts
 - Staying up all night/sleeping all day
 - Missing valuables and money
- Lack of interest doing favorite activities or being around family/friends

OBJECTS THAT ARE CLUES:

Q-tip heads, cotton balls, small caps, rolled dollar bills, empty pen sticks, cigarette filter, bent spoon, syringe, oxycontin (perc30s), single edge razor, empty pill bottle, belt with teeth marks, bottle caps, tin foil with burn marks, little plastic bags, penny

MA Substance Abuse Hotline 1-800-327-5050

Be ready in case of overdose with Narcan available over the counter

learn2cope.org