

PRICES

Full Price: \$2.45
 Reduced: \$.40
 Adult \$3.75
 Milk: \$.45

MENU NOTES:

Daily Milk choices offered are Fat Free and Low Fat.
 Veggie & Fruits often locally grown

Fresh Veggie Cups Offered Daily

Lunch price includes: 5 components

1.Milk 2.Protein 3.Grains 4.Fruit 5.Vegetable

Must take a fruit or veggie plus 2 more components to be a full meal

Daily Alternates

Yogurt Meal
 Assorted Salads
 Assorted Sandwiches
 Chicken Nuggets
 Pizza

TUESDAY
 1/1/2019
No School
Holiday Recess

WEDNESDAY
 1/2/2019
Rodeo Burger
 w/onion rings and BBQ sauce
 Potato Wedges
 Farm Fesh Apple
 Milk

THURSDAY
 1/3/2019
Taco Nachos
 Tortilla Chips w/Seasoned Beef
 Black Beans, Lettuce, Tomatoes, Cheese
 Cornbread
 Choice of Assorted Fruits
 Milk

FRIDAY
 1/4/2019
Toasted 3 Cheese Sandwich
 American, Swiss and Provolone
 Tomato Soup
 Choice of Assorted Fruits
 Milk

MONDAY
 1/7/2019
Homemade Cheesy Breadsticks
 with marinara sauce
 Broccoli
 Choice of Assorted Fruits
 Milk

TUESDAY
 1/8/2019
Turkey & Cheese Croissant Melt
 Minestrone Soup
 Bag of Cape Cod Potato Chips
 Choice of Assorted Fruits
 Milk

WEDNESDAY
 1/9/2019
Build Your Burger Day
 Lettuce, Tomatoes, Cheese, Onion & Pickles w/ Sour Cream, Salsa & Spanish Rice
 Sweet Potato Fries
 Farm Fesh Apple
 Milk

THURSDAY
 1/10/2019
Chicken Fajitas
 Corn and Black Bean Salsa
 Choice of Assorted Fruits
 Milk

FRIDAY
 1/11/2019-- **HALF DAY**
Egg & Cheese Sandwich
 Hash brown
 Choice of Assorted Fruits
 Milk

MONDAY
 1/14/2019
Chicken Scampi over Pasta
 Broccoli
 WG Dinner Roll
 Choice of Assorted Fruits
 Milk

TUESDAY
 1/15/2019
Chili with Beans Bowl
 w/wo cheese
 Bag of Tortilla Chips
 Corn
 Choice of Assorted Fruits
 Milk

WEDNESDAY
 1/16/2019
Chicken, Bacon & Ranch Flatbread
 Carrot Coins
 Homemade Snickerdoodle Bread
 Choice of Assorted Fruits
 Milk

THURSDAY
 1/17/2019
French Toast Sticks
 w/ sausage and hash browns
 Applesauce
 Choice of Assorted Fruits
 Milk

FRIDAY
 1/18/2019
Pulled Pork Nachos
 Tortilla chips w/ pulled pork, beans
 Lettuce, Tomatoes, Cheese
 -homemade Apple Cinnamon Breac
 Choice of Assorted Fruits
 Milk

MONDAY
 1/21/2019
No School
Martin Luther King Day

TUESDAY
 1/22/2019
Deli Turkey & Pesto Wrap
 w/wo pesto, shredded lettuce & tomato
 Coleslaw
 Bag of Cape Cod Potato Chips
 Choice of Assorted Fruit
 Milk

WEDNESDAY
 1/23/2019
Cali Burger
 PepperJack Burger on WG Bun
 w/wo onion, peppers & guacamole
 Potato Wedges
 Choice of Assorted Fruits
 Milk

THURSDAY
 1/24/2019
Chicken Burrito Bowl
 Chicken, Rice & Pinto Beans
 Salsa, Sour cream, cheese
 Homemade Blueberry Bread
 Choice of Assorted Fruits
 Milk

FRIDAY
 1/25/2019
Specialty Pizzas
 Tossed Salad
 Homemade Banana Bread
 Choice of Assorted Fruit
 Milk

MONDAY
 1/28/2019
Ham, Egg & Cheese on WG Bagel
 Sweet Potato Fries
 Choice of Assorted Fruits
 Milk

TUESDAY
 1/29/2019
Spaghetti with Meat Sauce
 Green Beans
 Garlic WG Dinner Roll
 Choice of Assorted Fruit
 Milk

WEDNESDAY
 1/30/2019
Steak & Cheese Flatbread
 Corn
 Home Made Apple Cinnamon Bread
 Choice of Assorted Fruit
 Milk

THURSDAY
 1/31/2019
Chicken, Broccoli Alfredo w/ Penne
 Honey Glazed Carrots
 Garlic WG Dinner Roll
 Choice of Assorted Fruits
 Milk