

**PRICES**

Full Price: \$2.50  
 Reduced: \$ .40  
 Adult \$3.75  
 Milk: \$ .45

**NUT FREE = NF**



**MENU NOTES:**

Daily Milk choices offered are Fat Free and Low Fat.  
 Veggies & Fruits are often locally grown

**Lunch price includes: 5 components**

1.Milk 2.Protein 3.Grains 4.Fruit 5.Vegetable

**\*Must take a fruit or veggie plus 2 more components to be a full meal\***

**\*Fresh Veggie Cups Offered Daily\***

Pre-packaged Hummus cups offered Daily- This is NOT a nut free item and is kept separate for safety



Looking for part time work?  
 Come join our kitchen staff!!  
 Substitute & Part time positions available  
 Call 413-572-6493



**Daily Alternates**  
**Yogurt Meal-NF**  
**Toasted Cheese Sandwich--NF**  
**Sun Butter & Jelly Uncrustable -NF**

**MONDAY 3-2-2020-NF**

Chicken Nuggets  
 Green Beans  
 Choice of Assorted Fruits  
 Milk

**TUESDAY 3-3-2020- NF**

Eggs and Pancakes w/ syrup  
 Scrambled Eggs  
 Hash Brown  
 Choice of Assorted Fruits  
 Milk

**WEDNESDAY 3-4-20-NF**

Cheeseburger  
 Sweet Potato Fries  
 Choice of Assorted Fruits  
 Milk

**THURSDAY 3-5-2020- NF**

Hot Dog on WG Roll  
 Baked Beans  
 Choice of Assorted Fruits  
 Milk

**FRIDAY 3-6-2020- NF**

Fish Sea Wonders  
 Corn  
 Pudding w/ Choc Whip Topping  
 Choice of Assorted Fruits and Milk  
 Milk

**MONDAY 3-9-2020-NF**

Chicken Tender w/ Ranch Dressing  
 Green Beans  
 Choice of Assorted Fruit  
 Milk

**TUESDAY 3-10-2020- NF**

French Toast Sticks w/Syrup  
 Sausage  
 Fruitables Tropical Twist Juice  
 Choice of Assorted Fruits  
 Milk

**WEDNESDAY 3-11-2020-NF**

Combo Basket  
 Chicken Nuggets & Mozzarella Sticks  
 Tater Tots  
 Choice of Assorted Fruits  
 Milk

**THURSDAY 3-12-2020- NF**

Nacho Tacos  
 Seasoned Beef with Tortilla Chips  
 Cheese, Sour Cream and Salsa  
 Corn  
 Choice of Assorted Fruits  
 Milk

**FRIDAY 3-13-2020- NF**

Stuffed Crust Pizza  
 Broccoli  
 Fresh Baked School Cookie  
 Choice of Assorted Fruits  
 Milk

**MONDAY 3-16-2020- NF**

Chicken Patty  
 Corn  
 Choice of Assorted Fruits  
 Milk

**TUESDAY 3-17-2020- NF**



Waffle Sticks w/ Syrup  
 Sausage  
 Tater Tots  
 Choice of Assorted Fruits  
 Milk

**WEDNESDAY 3-18-2020- NF**

Pasta Your Way  
 Pasta w/ Meat Sauce or  
 w/ Butter and Parmesan  
 Broccoli  
 Dinner Roll  
 Choice of Assorted Fruits  
 Milk

**THURSDAY 3-19-2020- NF**

Sloppy Joes  
 Sweet Potato Fries  
 Choice of Assorted Fruit  
 Milk

**FRIDAY 3-20-2020- NF**

Fish Sea Wonders  
 Baked Oven Fries  
 Cupcake  
 Choice of Assorted Fruit  
 Milk

**MONDAY 3-23-2020**

**No School**  
**Staff Development Day**

**TUESDAY 3-24-2020- NF**

Breakfast Sandwich  
 Ham, Egg and Cheese  
 Fruitables Tropical Twist Juice  
 Choice of Assorted Fruits  
 Milk

**WEDNESDAY 3-25-2020- NF**

Loaded Tater Tots  
 with or without Cheese Sauce & Sour Cream  
 Choice of Assorted Fruits  
 Milk

**THURSDAY 3-26-2020- NF**

Mozzarella Sticks w/Chicken Soup  
 Marinara Sauce  
 Oven Baked Fries  
 Choice of Assorted Fruits  
 Milk

**FRIDAY 3-27-2020- NF**

Bagel Bites  
 Carrots  
 Pudding w/ Choc Whip Topping  
 Choice of Assorted Fruits  
 Milk

**MONDAY 3-30-2020- NF**

Teriyaki Nuggets  
 Fried Rice  
 Oriental Vegetables  
 Choice of Assorted Fruits  
 Milk

**TUESDAY 3-31-2020- NF**

Eggs and Pancakes w/ Syrup  
 Scrambled Eggs  
 Hash Brown  
 Choice of Assorted Fruits  
 Milk