

PRICES

Full Price: \$2.45
 Reduced: \$.40
 Adult \$3.75
 Milk: \$.45

MENU NOTES:

Daily Milk choices offered are Fat Free and Low Fat.
 Veggie & Fruits often locally grown

Fresh Veggie Cups Offered Daily

Daily Alternates

Yogurt Meal
 Assorted Salads
 Assorted Sandwiches
 Chicken Nuggets
 Pizza

Lunch price includes: 5 components

1.Milk 2.Protein 3.Grains 4.Fruit 5.Vegetable

Must take a fruit or veggie plus 2 more components to be a full meal

FRIDAY

3/1/2019

Specialty Pizzas

Tossed Salad
 Homemade Blueberry Bread
 Choice of Assorted Fruits
 Milk

FRIDAY

3/8/2019

Specialty Pizzas

Tossed Salad
 Choice of Assorted Fruits
 Milk

THURSDAY

3/7/2019

Baked Ziti w/ Meat Sauce

Corn Niblets
 Garlic WG Dinner Roll
 Choice of Assorted Fruits
 Milk

THURSDAY

3/14/2019

French Toast Sticks

w/ sausage and hash browns
 Applesauce
 Choice of Assorted Fruits
 Milk

FRIDAY

3/15/2019

Crunchy Fish Sticks

Broccoli
 Homemade Oatmeal Bread
 Choice of Assorted Fruits
 Milk

MONDAY

3/4/2019

Pulled Pork Nachos

Tortilla chips w/ pulled pork, black beans
 Lettuce, Tomatoes, Cheese
 Homemade Apple Cinnamon Bread
 Choice of Assorted Fruits
 Milk

MONDAY

3/11/2019

Popcorn Chicken Bowl

Mashed Potatoes, Corn & Gravy
 WG Dinner Roll
 Choice of Assorted Fruits
 Milk

MONDAY

3/18/2019

Hot Dog on WG Roll

Baked Beans
 Sweet Potato Puffs
 Choice of Assorted Fruits
 Milk

MONDAY

3/25/2019

International Waffle Day!!

Mini Waffles

Sausage & Hash Browns
 Choice of Assorted Fruits
 Milk

TUESDAY

3/5/2019

Shepherds Pie

Green Beans
 WG Dinner Roll
 Choice of Assorted Fruits
 Milk

TUESDAY

3/12/2019

Chili with Beans Bowl

w/wo cheese
 Bag of Tortilla Chips & Cornbread
 Carrots
 Choice of Assorted Fruits
 Milk

TUESDAY

3/19/2019

Toasted Ham and Cheese

Glazed Carrots
 Baked Oven Fries
 Choice of Assorted Fruits
 Milk

TUESDAY

3/26/2019

Burrito Bowl

Shredded Pork, Rice & Pinto Beans
 Salsa, Sour Cream, Cheese
 Homemade Cornbread
 Choice of Assorted Fruits
 Milk

WEDNESDAY

3/6/2019

Fish & Chips

Oven Baked Fries
 Coleslaw
 Homemade Mixed Berry Bread
 Choice of Assorted Fruits
 Milk

WEDNESDAY

3/13/2019

Toasted 3 Cheese Sandwich

American, Swiss and Provolone
 Broccoli
 Tomato Soup
 Choice of Assorted Fruits
 Milk

WEDNESDAY

3/20/2019

Nacho Tacos-Tortilla Chips

w/ Seasoned Beef and Cheese
 Lettuce and Tomato, Sour Cream, Salsa
 Homemade Cornbread
 Whole Kernel Corn
 Choice of Assorted Fruits
 Milk

WEDNESDAY

3/27/2019

Turkey, Bacon Ranch Flatbread

Bag of Cape Cod Potato Chips
 Choice of Assorted Fruit
 Milk

THURSDAY

3/21/2019

Chicken Patty on WW Roll

W/ Lettuce & Tomato
 Steamed Green Beans
 Choice of Assorted Fruits
 Milk

THURSDAY

3/28/2019

Chicken Alfredo w/ Penne

Broccoli
 Garlic WG Dinner Roll
 Choice of Assorted Fruits
 Milk

FRIDAY

3/29/2019 **** HALF DAY****

Ham, Egg & Cheese on WG Bagel

Sweet Potato Puffs
 Choice of Assorted Fruits
 Milk