

**PRICES**

Full Price: \$2.30  
 Reduced: \$.40  
 Adult: \$3.75  
 Milk: \$.45

**Lunch price includes:  
 5 components  
 Milk, protein, grains,  
 fruit and a vegetable**

**Must take a fruit or vegetable  
 plus 2 more components for a  
 complete meal.**

**Menu may contain allergens**

**Menu Notes:**

Daily Milk choices offered are Fat Free and Low Fat.  
 Vegetables & Fruits, often fresh & locally grown, are offered with every meal.  
 A fresh veggie cup is offered daily.

The Food Service Department is looking for substitute cafeteria workers. If interested, you may fill out an application in the Human Resources Office on 94 N. Elm St. Suite 101 Westfield, MA For additional information, please call the Food Services Office at 413-572-6493.



**Thursday November 1, 2018**  
 Nacho Tacos-Tortilla Chips  
 w/ Seasoned Beef and Cheese  
 Lettuce and Tomato, Sour Cream, Salsa  
 Whole Kernel Corn  
 Choice of Assorted Fruits  
 Milk

**Friday November 2, 2018**  
 Stuffed Crust Pizza  
 Tossed Salad with Greens  
 All Sports Vanilla Grahams  
 Choice of Assorted Fruits  
 Milk

Fresh Veggie Cup Daily  
**Monday November 5, 2018**  
 Popcorn Chicken  
 Whipped Mashed Potatoes  
 Steamed Green Beans  
 Dinner Roll  
 Milk

**Tuesday November 6, 2018**  
  
**Election Day  
 No School**

**Wednesday November 7, 2018**  
**BREAKFAST FOR LUNCH**  
 Fruitables Tropical Twist  
 Pancakes with Syrup  
 Sausages  
 Hash Brown Patty  
 Choice of Assorted Fruits  
 Milk

**Thursday November 8, 2018**  
 American Chop Suey  
 Broccoli  
 Garlic Roll  
 Vanilla Pudding  
 Raisins  
 Milk

**Friday November 9, 2018**  
 Wild Mike's Personal Pizza  
 Tossed Salad with Greens  
 School Cookie  
 Choice of Assorted Fruits  
 Milk

Fresh Veggie Cup Daily  
**Monday November 12, 2018**  
  
**Veterans Day  
 No School**  


**Tuesday November 13, 2018**  
 Chicken Nuggets  
 Whipped Mashed Potatoes  
 Peas and Carrots  
 WG Dinner Roll  
 Choice of Assorted Fruits  
 Milk

**Wednesday November 14, 2018**  
 Cheeseburger  
 Oven Baked Fries  
 School Oven Baked Beans  
 Watermelon  
 Milk

**Thursday November 15, 2018**  
 Tossed Salad with Chicken Strips  
 with Croutons and Ranch Dressing  
 Dinner Roll  
 Choice of Assorted Fruits  
 Milk

**Friday November 16, 2018**  
 French Bread Pizza  
 Green Beans  
 All Sports Vanilla Grahams  
 Farm Fresh Apple  
 Milk

Fresh Veggie Cup Daily  
**Monday November 19, 2018**  
 Glazed Chicken Drummie  
 Buttered Garlic Pasta  
 California Blend  
 WG Pretzel Rod  
 Choice of Assorted Fruits  
 Milk

**Tuesday November 20, 2018**  
 Deli Ham and Cheese  
 on a Croissant  
 Cucumber Slices with dip  
 Three Bean Salad  
 Farm Fresh Apple  
 Milk

**Wednesday November 21, 2018**  
  
**Thanksgiving Recess  
 No School**

**Thursday November 22, 2018**  
  
**Thanksgiving Recess  
 No School**



**Friday November 23, 2018**  
  
**Thanksgiving Recess  
 No School**

Fresh Veggie Cup Daily  
**Monday November 26, 2018**  
 Hot Dog on WG Roll  
 Baked Beans  
 Choice of Assorted Fruits  
 Milk

**Tuesday November 27, 2018**  
 Chicken Patty on WG Roll  
 Steamed Green Beans  
 Choice of Assorted Fruits  
 Milk

**Wednesday November 28, 2018**  
 Toasted Ham and Cheese  
 Glazed Carrots  
 Oven Baked Fries  
 Choice of Assorted Fruits  
 Milk

**Thursday November 29, 2018**  
 Nacho Tacos-Tortilla Chips  
 w/ Seasoned Beef and Cheese  
 Lettuce and Tomato, Sour Cream, Salsa  
 Whole Kernel Corn  
 Choice of Assorted Fruits  
 Milk

**Friday November 30, 2018**  
 Stuffed Crust Pizza  
 Tossed Salad  
 All Sports Vanilla Grahams  
 Assorted Sorbets  
 Milk