

Donation: \$1.00

**Lunch is served at 1:00 pm at the South Middle School on West Silver Street.
Please call the Senior Center at 562-6435 by 10:30am to reserve your spot.**

**A carton of Low Fat Milk is
Coffee or Tea may be selected in place of the Milk.**

Menu may contain allergens



Friday, June 01, 2018

Pollock Potato Fish WW Bun
Whipped Potatos
California Blend Vegetables
Chocolate Pudding w/topping
Carton of Low Fat Milk

Monday June 4, 2018

Beef and Gravy
with Gravy over Noodles
Mixed Veggies
Whole Wheat Dinner Roll
Warmed Spiced Apple Slices
Carton of Low Fat Milk

Tuesday June 5, 2018

Baked Chicken Breast
Steamed Carrots
Tossed Salad
with L/F Dressing
Whole Wheat Dinner Roll
Vanilla Pudding
with Topping
Carton of Low Fat Milk

Wednesday June 6, 2018

Salisbury Steak
Oven Roasted Red Garlic Potatoes
Garden Peas
Whole Grain Dinner Roll
Assorted Sorbet
Carton of Low Fat Milk

Thursday June 7, 2018

Ravioli with Meat Sauce
California Blend
Cran/Orange Snack in' Loaf
Choice of Fresh fruit
Reduced Fat Cookie
Carton of Low Fat Milk

Friday June 8, 2018

Cod Loin with Crumb Topping
Steamed Broccoli
Potato Wedges
Corn Bread
Chilled Mixed Fruit
Carton of Low Fat Milk

Monday June 11, 2018

**District Step-up Day
No Meal Service**

Tuesday June 12, 2018

Grilled Chicken Breast Fillet
with Seasoned Rotini
Mixed Vegetables
Twisted Bread Stick
Chilled Applesauce
Carton of Low Fat Milk

Wednesday June 13, 2018

Lasagna Rollup
with Meat Sauce
Peas and Carrots
Snickerdoodle Bread
Chilled Pears
Carton of Low Fat Milk

Thursday June 14, 2018

Reduced Sodium Hot Dog
on Whole Wheat Bun
Baked Beans
Coleslaw
Chilled Peaches
Carton of Low Fat Milk

Friday June 15, 2018

Salmon Loins
Oven Roasted Red Garlic Potatoes
Steamed Zucchini
WG Dinner Roll
Van or Choc Pudding w/topping
Carton of Low Fat Milk

Monday June 18, 2018

Grilled Chicken Breast Fillet
on Whole Grain Bun
with Lettuce and tomato
Green Beans
Potato Wedges
Chilled Pineapple
Carton of Low Fat Milk

Tuesday June 19, 2018

**Half Day of School
No Meal Service**

Wednesday June 20, 2018

**Half Day of School
No Meal Service**

Thursday June 21, 2018

**Last Day of School
Half Day of School
No Meal Service**

Have a Great Summer!!

