



**Tuesday May 1, 2018**  
Baked Chicken Quarter  
Italian Blend Vegetables  
Baked Sweet Potato  
Whole Wheat Bread  
Apple Crisp  
Carton of Low Fat Milk

**Wednesday May 2, 2018**  
Stuffed Shells  
with Tomato Sauce  
California Blend Vegetables  
Garlic Bread  
Fresh Apple  
Carton of Low Fat Milk

**Thursday May 3, 2018**  
Yankee Pot Roast  
Whipped Mashed Potatoes  
Steamed Green Beans  
Twisted Breadstick  
Chocolate Pudding  
with Topping  
Carton of Low Fat Milk

**Friday May 4, 2018**  
  
**Half Day for Students  
No Meal Service**

**Monday May 7, 2018**  
Swedish Meatballs  
with Gravy over Noodles  
Italian Blend Vegetables  
Whole Wheat Dinner Roll  
Warmed Spiced Apple Slices  
Carton of Low Fat Milk

**Tuesday May 8, 2018**  
Baked Chicken Breast  
Whole Kernel Corn  
Tossed Salad  
with L/F Dressing  
Whole Wheat Dinner Roll  
Rice Pudding  
Carton of Low Fat Milk

**Wednesday May 9, 2018**  
Lasagna Rollup  
with Meat Sauce  
Garden Peas  
Snickerdoodle Bread  
Chilled Peaches  
Carton of Low Fat Milk

**Thursday May 10, 2018**  
Meatloaf  
Au gratin Potatoes  
Oriental Mixed Vegetables  
Whole Wheat Roll  
Box of Raisins  
Carton of Low Fat Milk

**Friday May 11, 2018**  
Parmesan Crusted Salmon  
Oven Roasted Red Garlic Potatoes  
Steamed Zucchini  
Cornbread  
Chilled Pineapple  
Carton of Low Fat Milk

**Monday May 14, 2018**  
Vegetable Noodle Soup  
Grilled Chicken Breast  
on WW Bun  
California Blend Vegetables  
Chocolate Pudding with Topping  
Carton of Low Fat Milk

**Tuesday May 15, 2018**  
W/G Spaghetti and Sauce  
with Meatballs  
Steamed Broccoli  
Twisted Breadstick  
Chilled Applesauce  
Carton of Low Fat Milk

**Wednesday May 16, 2018**  
Sliced Roast Pork with Gravy  
Whipped Mashed Potatoes  
Steamed Whole Kernel Corn  
Whole Wheat Dinner Roll  
Strawberries  
Carton of Low Fat Milk

**Thursday May 17, 2018**  
Stuffed Crust Pizza  
Spinach Salad  
Blueberry Snack'n Loaf  
Orange Wedges  
Carton of Low Fat Milk

**Friday May 18, 2018**  
Pollock Loin  
Rice Pilaf  
Steamed Peas and Carrots  
WW Dinner Roll  
Chilled Pears  
Carton of Low Fat Milk

**Monday May 21, 2018**  
Cup of Homemade Vegetable Soup  
Whole Grain Chicken Breast Fillet  
with Seasoned Rotini  
Mixed Vegetables  
Homemade Snickerdoodle Bread  
Pineapple  
Carton of Low Fat Milk

**Tuesday May 22, 2018**  
BBQ Pulled Pork  
on WW Roll  
Oven Roasted Red Garlic Potatoes  
Peas and Carrots  
Assorted Sorbet  
Carton of Low Fat Milk

**Wednesday May 23, 2018**  
Cup of Homemade Vegetable Soup  
Reduced Sodium Hot Dog  
on Whole Wheat Bun  
Baked Beans  
Coleslaw  
Butterscotch Pudding  
with Topping

**Thursday May 24, 2018**  
Roasted Turkey w/LF Gravy  
Mashed Potatoes  
Steamed Carrots  
Cranberry Sauce  
Whole Wheat Dinner Roll  
Fresh Orange  
Carton of Low Fat Milk

**Friday May 25, 2018**  
Homemade Vegetable Soup  
Pollock and Cheese Fish on  
on WW Bun  
California Blend Vegetables  
Mixed Fruit  
Carton of Low Fat Milk

**Monday May 28, 2018**

**Memorial Day  
No Meal Service**

**Tuesday May 29, 2018**  
Calypso Crush 100% Vegetable Juice  
Baked Macaroni and Cheese  
Streamed Broccoli  
Homemade Snickerdoodle Bread  
Strawberry Cups  
Carton of Low Fat Milk

**Wednesday May 30, 2018**  
Cup of Homemade Vegetable Soup  
BBQ Chicken Quarter  
Baked Butternut Squash Chunks  
Corn Bread  
Fresh Orange  
Carton of Low Fat Milk

**Thursday May 31, 2018**  
Hamburg Patty  
on Whole Wheat Roll  
Tomato Wedges w/ LF Dressing  
Baked Beans  
Apple Crisp with Topping  
Carton of Low Fat Milk



**Donation: \$1.00**

**Lunch is served at 1:00 pm at the South Middle School on West Silver Street.  
Please call the Senior Center at 562-6435 by 10:30am to reserve your spot.**

**A carton of Low Fat Milk is  
Coffee or Tea may be selected in place of the Milk.  
Menu may contain allergens**