

<b>Donation: \$1.00</b>								
								
<b>A carton of Low Fat Milk is included with every meal</b>					Lunch is served at 1:00 pm at the South Middle School on West Silver Street.			
					Please call the Senior Center at 562-6435 by 10:30am to reserve your spot.			
<b>Coffee or Tea may be selected place of the milk</b>								
<b>Monday December 3, 2018</b>	<b>Tuesday December 4, 2018</b>	<b>Wednesday December 5, 2018</b>	<b>Thursday December 6, 2018</b>	<b>Friday December 7, 2018</b>				
	Cup of Homemade Vegetable Soup	Yankee Pot Roast with Gravy	Lasagna Rolls	Parmesan Crusted Salmon				
	Seasoned Chicken Breast	Whipped Mashed Potatoes	with Meat Sauce	Oven Roasted Red Garlic Potatoes				
<b>No Meal Service Half Day of School</b>	Carrot Coins	Whole Kernel Corn	Steamed Broccoli	Steamed Green Beans				
	Brown Rice Pilaf	Homemade Oatmeal Bread	Garlic Bread	Homemade Cornbread				
	Chilled Peaches	Chocolate Pudding w/Topping	Apple crisp with Topping	Fresh Fruit				
	Slice of Wheat Bread	Carton of Low Fat Milk	Carton of Low Fat Milk	Carton of Low Fat Milk				
	Carton of Low Fat Milk							
<b>Monday December 10, 2018</b>	<b>Tuesday December 11, 2018</b>	<b>Wednesday December 12, 2018</b>	<b>Thursday December 13, 2018</b>	<b>Friday December 14, 2018</b>				
Homestyle Chicken Chunks	Roast Pork w. LF Gravy	W/G Spaghetti w/ Tomato Sauce	Hamburger w/wo Cheese	Cup of Homemade Vegetable Soup				
Italian Blend Vegetables	Warmed Applesauce	Meatballs	on WG Bun	Oven Baked Pier 17 Fish Fillet				
Enriched Egg Noodles	Roasted Yams	Tossed Salad w. LF Dressing	with Lettuce and Tomato	Rice Pilaf				
WG Dinner Roll	California Blend	Steamed Peas	Sweet Potato Fries	Steamed Spinach				
Watermelon Chunks	Homemade Cornbread	Garlic Bread	Fresh Fruit	Homemade WG Dinner Roll				
Carton of Low Fat Milk	Vanilla Pudding w. Topping	Chilled Mixed Fruit	Carton of Low Fat Milk	Chilled Peaches				
	Carton of Low Fat Milk	Carton of Low Fat Milk		Carton of Low Fat Milk				
<b>Monday December 17, 2018</b>	<b>Tuesday December 18, 2018</b>	<b>Wednesday December 19, 2018</b>	<b>Thursday December 20, 2018</b>	<b>Friday December 21, 2018</b>				
Swedish Meatballs w/LF Gravy	Cup of Homemade Vegetable Soup	Roasted Turkey w/LF gravy	Meatloaf with LF Gravy	Baked Haddock				
over WG Rotini	Reduced Sodium Hot Dog on WG Bun	Mashed Potatoes	Roasted Red Potatoes	Golden Whole Kernel Corn				
California Blend Vegetables	Baked Beans	Steamed Carrots	Steamed Green Beans	Brown Rice Pilaf				
WG Garlic Dinner Roll	Cuke and Tomatoes with LF Dressing	Cranberry Sauce	Rye Bread	Slice of WG Bread				
Warmed Spiced Apple Slices	Mandarin Oranges	WG Dinner Roll	Frosted Holiday Cake	Chilled Pineapple				
Carton of Low Fat Milk	Carton of Low Fat Milk	Butterscotch Pudding with Topping	Farm Fresh Apple	Carton of Low Fat Milk				
		Carton of Low Fat Milk	Carton of Low Fat Milk					
<b>Monday December 24, 2018</b>	<b>Tuesday December 25, 2018</b>	<b>Wednesday December 26, 2018</b>	<b>Thursday December 27, 2018</b>	<b>Friday December 28 , 2018</b>				
No Meal Service	No Meal Service	No Meal Service	No Meal Service	No Meal Service				
Holiday Recess	Holiday Recess	Holiday Recess	Holiday Recess	Holiday Recess				
<b>Monday December 31, 2018</b>								
No Meal Service								
Holiday Recess								

