

PRICES

Full Price: \$2.30
 Reduced: \$.40
 Adult: \$3.75
 Milk: \$.45

**Lunch price includes:
 5 components
 Milk, protein, grains,
 fruit and a vegetable**

**Must take a fruit or vegetable
 plus 2 more components for a
 complete meal.**

Welcome Back!!!

Fresh Veggie Cup Daily
Monday September 3, 2018

**Labor Day
 No School**

Tuesday September 4, 2018
 Chicken Patty on WG Roll
 Steamed Green Beans
 Fruit Choice
 Milk

Wednesday September 5, 2018
 Hot Dog on WG Roll
 Baked Beans
 Oven Baked Fries
 Fruit Choice
 Milk

Thursday September 6, 2018
 American Chop Suey
 Broccoli
 Garlic Roll
 Sorbet
 Milk

Friday September 7, 2018
 Stuffed Crust Pizza
 Tossed Salad
 All Sports Vanilla Grahams
 Fruit Choice
 Milk

Fresh Veggie Cup Daily
Monday September 10, 2018
 Ham and Cheese Bagel
 Sweet Potato Fries
 Bag of Cape Cod Potato Chips
 Choice of Assorted Fruits
 Milk

Tuesday September 11, 2018
BREAKFAST FOR LUNCH
 Fruitables Tropical Twist
 Pancakes with Syrup
 Sausages
 Hash Brown Patty
 Choice of Assorted Fruits
 Milk

Wednesday September 12, 2018
 Nacho Tacos-Tortilla Chips
 w/ Seasoned Beef and Cheese
 Lettuce and Tomato
 Whole Kernel Corn
 Corn and Black Bean Salsa
 Choice of Assorted Fruits
 Milk

Thursday September 13, 2018
 Mac and Cheese
 Steamed Broccoli
 WG Pretzel Stick
 Frosted Chocolate Cake
 Choice of Assorted Fruits
 Milk

Friday September 14, 2018
 Wild Mike's Personal Pizza
 "Popeye" Spinach Salad
 School Cookie
 Choice of Assorted Fruits
 Milk

Fresh Veggie Cup Daily
Monday September 17, 2018
 Chicken Nuggets
 Whipped Mashed Potatoes
 Peas and Carrots
 Pretzel Stick
 Choice of Assorted Fruits
 Milk

Tuesday September 18, 2018
National Cheeseburger Day
 Cheeseburger
 Oven Baked Fries
 School oven Baked Beans
 Watermelon
 Milk

Wednesday September 19, 2018
 Rotini with Meat Sauce
 Steamed Broccoli
 Garlic Dinner Roll
 Fruit Choice
 Milk

Thursday September 20, 2018
 Tossed Salad with Chicken Strips
 Ranch Dressing
 Dinner Roll
 Sorbet
 Milk

Friday September 21, 2018
 French Bread Pizza
 Tossed Salad
 All Sports Vanilla Grahams
 Fruit Choice
 Milk

Fresh Veggie Cup Daily
Monday September 24, 2018
 Glazed Chicken Drummie
 Seasoned Pasta
 California Blend
 WG Pretzel Rod
 Watermelon
 Milk

Tuesday September 25, 2018
 Deli Ham and Cheese
 on a Croissant
 Cucumber Slices with dip
 Three Bean Salad
 Choice of Assorted Fruits
 Milk

Wednesday September 26, 2018
 Nacho Tacos-Tortilla Chips
 w/ Seasoned Beef and Cheese
 Lettuce and Tomato
 Whole Kernel Corn
 Corn and Black Bean Salsa
 Choice of Assorted Fruits
 Milk

Thursday September 27, 2018
 Chicken and Gravy w/Cranberry Sauce
 Whipped Mashed Potatoes
 Peas and Carrots
 WG Dinner Roll
 Choice of Assorted Fruits
 Milk

Friday September 28, 2018
HALF DAY OF SCHOOL
 Stuffed Crust Pizza
 Broccoli Salad
 Choice of Assorted Fruits
 Milk

Menu Notes:

Daily Milk choices offered are Fat Free and Low Fat.
 Vegetables & Fruits, often fresh & locally grown,
 is offered with every meal.
 A fresh veggie cup is offered daily

menu may contain allergens

