

PRICES

Full Price: \$2.50
 Reduced: \$.40
 Adult \$3.75
 Milk: \$.45

NUT FREE = NF



MENU NOTES:

Daily Milk choices offered are Fat Free and Low Fat.
 Veggies & Fruits are often locally grown

Lunch price includes: 5 components

1.Milk 2.Protein 3.Grains 4.Fruit 5.Vegetable

Must take a fruit or veggie plus 2 more components to be a full meal

Fresh Veggie Cups Offered Daily

Pre-packaged Hummus cups offered Daily- This is NOT a nut free item and is kept separate for safety

Daily Alternates
Yogurt Meal-NF
Toasted Cheese Sandwich--NF
Sunbutter & Jelly Uncrustable -NF
Assorted Sandwiches--NF
Assorted Salads--NF
Pizza--NF
Chicken Nuggets--NF

Looking for part time work?
Come join our kitchen staff!!
Substitute & Part time positions available

FRIDAY
 11/1/2019-NF
Personal Pizza
 Green Beans
 School Cookie
 Choice of Assorted Fruits
 Milk

MONDAY
 11/4/2019-NF
Chicken Patty on WG Roll
 Oven Baked Fries
 Choice of Assorted Fruits
 Milk

TUESDAY
 11/5/2019
NO SCHOOL
STAFF DEVELOPMENT

WEDNESDAY
 11/6/2019 -NF
Mozzarella Sticks & Soup
 Carrots
 Tomato Soup
 100% Fruit Sorbet
 Milk

THURSDAY
 11/7/2019-NF
Chicken Alfredo w/ Pasta
 Steamed Green Beans
 WG Dinner Roll
 Choice of Assorted Fruits
 Milk

FRIDAY
 11/8/2019-NF
Sea Wonders Fish Nuggets
 Tater tots
 Maple Sunrise Cookie Bites
 Choice of Assorted Fruits
 Milk

MONDAY
 11/11/2019
NO SCHOOL
VETERANS DAY



TUESDAY
 11/12/19-NF
Pancakes w/ Syrup
 Sausages
 Fruitables Tropical Twist Juice
 Choice of Assorted Fruits
 Milk

WEDNESDAY
 11/13/19-NF
Pulled Pork on WG Roll
 Coleslaw
 100% Fruit Sorbet
 Milk

THURSDAY
 11/14/19-NF
Nacho Taco- Tortilla Chips
 w/ Seasoned Beef and Cheese
 Lettuce and Tomato, Sour Cream
 Corn
 Choice of Assorted Fruits
 Milk

FRIDAY
 11/15/19-NF
Stuffed Crust Pizza
 w/ without Pepperoni
 Garden Salad
 School Cookie
 Choice of Assorted Fruits
 Milk

MONDAY
 11/18/2019- NF
Chicken Nuggets
 Sweet Potatoes Fries
 WG Dinner Roll
 Choice of Assorted Fruits
 Milk

TUESDAY
 11/19/2019-NF
Waffle Sticks w/Syrup
 Sausage
 Fruitables Tropical Twist Juice
 Choice of Assorted Fruits
 Milk

WEDNESDAY
 11/20/2019-NF
Cheeseburger
 Baked Oven Fries
 Green Beans
 Milk
 Choice of Assorted Fruits

THURSDAY
 11/21/2019-NF
Chicken & Cheese Quesadilla
 with Sour Cream and Salsa
 Spanish Rice
 Corn
 100% Fruit Sorbet
 Milk

FRIDAY
 11/22/2019- NF
French Bread Pizza
 Broccoli
 Pudding
 Choice of Assorted Fruits
 Milk

MONDAY
 11/25/2019-NF
Chicken Tenders
 Butternut Squash
 Choice of Assorted Fruit
 Milk

TUESDAY
 11/26/19-NF
Turkey Gravy
 Mashed Potatoes and Cranberry Sauce
 Dinner Roll
 School Cookie
 Choice of Assorted Fruits
 Milk

WEDNESDAY
 11/27/2019
NO SCHOOL
THANKSGIVING RECESS

THURSDAY
 11/28/2019
NO SCHOOL
THANKSGIVING RECESS



FRIDAY
 11/29/2019
NO SCHOOL
THANKSGIVING RECESS